

Intermittent Catheterisation Clinical Practice Principles

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Guiding the way to confident living
with intermittent catheterisation

1. Pre-treatment

Utilise current educational materials for IC and self-care

Ensure informed consent of the procedure, risks, benefits, and alternatives

Offer individualised instruction of catheter use



Educate
Collaborate
Empower



2. Initial catheter selection

Provide a private, safe, dignified, and clean environment for learning about IC

Allocate adequate time for teaching

Offer information on various product choices and techniques¹

3. The lifespan of intermittent catheter use

Patients should receive ongoing care and support

The opportunity to connect with external resources for support

Obtain supplies based on healthcare professional recommendations



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